

OUT-PATIENT SURGERY? – YES

Women's College Hospital is the first and only independent ambulatory healthcare hospital in Ontario. We have a primary focus on women's health and our Gynecology and Urogynecology services continue to expand. Our surgical services in these specialties are also expanding. The many successful outcomes are a result of the collaborations of the dedicated Nurses, Physicians and Administrators.

Preop patient assessment/selection is extremely important in the care of our surgical patients. The Urogynecological surgical procedures done at WCH treat women for a variety of types of Pelvic Organ Prolapse conditions such as Cystocele, Rectocele, Enterocoele, Uterine Prolapse, Vaginal Vault Prolapse, Stress Incontinence. Vaginal Hysterectomy in combinations with Cystocele/Rectocele also is safely done here as Outpatient surgery! Many of our surgical patients are assessed preoperatively in the Gynecology clinic with one on one assessment by our Advanced Practice nurse continence advisor. Cystoscopy, Urodynamic Testing, Pessary Insertions, Counseling, are just a few of the services provided before surgical intervention.

All of our surgical patients must be relatively healthy, and meet the anesthesia class of ASA1 or ASA2. They must be escorted home and have a responsible adult with them for at least 24 hours. Should the patient not be well enough for same day discharge we have a 23 hour CDU area for stabilization, and then transfer to the Surgeon's inpatient hospital.

Postoperative urinary retention is the main concern following surgery. Most patients leave the Operating Room catheter free and are able to void before discharge. For those who are unable to void, (or those who have had Vaginal Hysterectomy), they will be discharged home with a Foley Catheter in place and instructed to return the following day to see our continence nurse in the Uro-gyne clinic. Really, any postoperative concerns the women may express usually can be sorted out here by our nurse advisor!!

Whether Laparoscopic Sacral Colpopexy, TVT, Vaginal Hysterectomy, Anterior/Posterior Repair or to various other Urogynecological surgical interventions, patient safety, comfort, and well being is our goal. Many of the patients have expressed their gratitude of having their procedures done as outpatients and being discharged home the same day to the comfort of their own bed!! ☐

By Cathy Matthews RN. CPN(c)
Resource Nurse Gynecology
Women's College Hospital, Toronto

The Pipeline is a publication of Urology Nurses of Canada.

The Pipeline is published each winter and summer for UNC members and sponsors and is also located at www.unc.org.

The Pipeline is looking for articles for publication about new initiatives in urology, latest technology, clinical research and evaluation, local chapter activities, patient and community resources.

Deadline for next issue:

November 1, 2012

Contact the

Pipeline Editor:

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UNCA Awards Program

Each year the Urology Nurses of Canada invite their membership to apply for the following awards categories: Research and Educational Scholarship. These awards are valued at \$750.00, presented at the annual UEC and have been provided by the generous support of our Industry sponsors. The UNC now offers two additional awards: The Nursing Education Initiative (2), which is valued up to \$500.00 and the UEC Attendance Award (up to 5), also valued at \$500.00. All applications must be type written and/or sent electronically to vpcentral@unc.org.

Applicants will be contacted upon receipt of application. UNC offers two additional awards: The Award of Merit - recognizes the individual who has made a significant contribution to UNC and the UNC Chapter Award for new local chapters.

The Urology Nurses of Canada is committed to developing, disseminating and implementing new knowledge in practice. We achieve excellence in clinical practice by encouraging and supporting our membership in their participation in research, knowledge acquisition and academic achievement.

Criteria For Research Award

1. Applicant must be a current member of the UNC.
2. The purpose of the research must be related to Urological nursing practice or the sub specialties of Urodynamics, biofeedback, endourology, sexual health, uro-oncology or incontinence.
3. The research proposal and protocol must accompany the application.
4. Research must be approved by ethics, in progress or complete.
5. Expectation of the successful applicant(s) is: A short article for the Pipeline on the impact on your specific practice or present poster of choice for the next UEC conference.
6. Applicant must not have been the recipient of any funding from the UNC in the previous year.

Submission deadline September 1, 2012.

Criteria For Scholarship Award

1. Applicant must be a current member of the UNC.
2. The applicant must be enrolled in or have completed a course related to their practice.
3. The applicant must submit a letter with the application, outlining the course, proof of registration or completion.
4. Successful applicant will be required to submit proof of completion.
3. Expectation of the successful applicant(s) is: A short article for the Pipeline on the impact on your specific practice or present poster of choice for the next UEC conference.
4. Applicant must not have been the recipient of any funding from the UNC in the previous year.

Submission deadline September 1, 2012.

The Poster Presentation and Short Paper Awards are presented at the annual UEC. Information about submitting your Abstracts is on the website, and is sent out to members each year.

Poster Presentation

Award

Presenters of posters at the annual Urological Excellence Conference are eligible for this award. The recipient of this will have demonstrated excellence in poster presentation and meet the pre-established criteria for posters. The recipient will receive a \$100.00 award from UNC.

Short Paper

Presentation Award

Presenters of short papers at the annual Urological Excellence Conference are eligible for this award. The recipient of this will have demonstrated excellence in presentation and meet the pre-established criteria for short papers. The recipient will receive a \$100.00 award from UNC.

UNC Info

UNC Representative 2012-2013

UNC Executive

President:	Frances Stewart
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Vice-President West:	Liz Smits
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Vice-President Central:	Sylvia Robb
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Prince Edward Island:	Cathy Croken

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New Foundland Info: Sue Hammond Tel: (709) 368-0101

Hamilton Info: Elizabeth Bowman: ebowman@mountaincable.net

Regina Info: Judy Pare: judy@crun.ca

How to form a local UNC Group

1. Contact nurses and allied health in your area interested in Urologic Nursing.
2. Pick a topic and a speaker (for initial meeting).
3. Book meeting room
4. Contact local sales rep for potential support of meeting.
5. Advertise meeting and distribute information about the UNC.
6. Create local executive e.g. chairperson, secretary, treasurer.

Urology Nurses of Canada

The Urology Nurses of Canada extends an invitation to all nurses and allied health interested in urologic nursing to join the association.

The Urology Nurses of Canada is a National Association whose mandate is to enhance the specialty of urologic nursing in Canada by promoting education, research and clinical practice.

The activities of the Urology Nurses of Canada are designed to enrich members' professional growth and development.

The UNC hosts an annual conference each fall and convenes for an educational meeting at the Canadian Urological Association annual meeting each June.

Membership in the UNC now entitles you to receive 4 issues of Urological Nursing Journal, 2 issues of Pipeline, Annual Urological Excellence Conference information and discount on registration, UNC Membership Directory, UNC Constitution, UNC:

Standards of Urologic Nursing Practice and your personal access to UNC reports on the web.

For more information about UNC, contact: Nancy Carson, Membership Coordinator at membership@unc.org or visit www.unc.org. ☐

Urology Nurses Interest Group Formed

In 1987, a group of Ontario Nurses met and formed the Urology Nurses Interest Group. Their objectives were to hold an annual meeting which will be a component of an annual conference on Urology Nursing. They also planned to meet at quarterly intervals throughout the year at alternate locations.

They planned to seek sponsorship from business groups which manufacture Urology products. They initiated publication of an interest group newsletter "The Pipeline" which will be distributed quarterly.

The first actual Urological Excellence Toronto, was held over 2 days in September. Two hundred and forty five nurses from across the country attended. There were at total of 280 delegates!

Some of the topics included Nursing, the Impact of change, Everything you wanted to know about Urodynamics, Urologic emergencies, Catheter associated infections-intermittent self-catheterization, and Shockwave Lithotripsy.

A fun night was held at Second City Dinner theatre. Registration for the Conference was \$225, and rooms were \$115.

The first annual general meeting was held and officers were elected, membership fee at that time was \$20. The founding committee had been working since June 1987 to develop this Conference and to lay the ground work for this Interest Group. They were hoping that formation of this group will advance the specialization of urologic nursing and, ultimately, contribute positively to the quality of patient care.

Taken from information in UNC Archives ☐

Canadian Urological Association Meeting, June 2011

Montreal was the site of this years' CUA meeting. The UNC was fortunate to have a space provided by the CUA to promote our organization and distribute material both to potential members, physicians and industry.

The booth was manned by member of the executive Susan Freed, Lisa Lynch, Sylvia Robb and Liz Smits. As president I spent a lot of time with our industry sponsors encouraging them in their ongoing support.

As is our custom we had a very successful wine and cheese reception on the Monday afternoon of the meeting. Dr. Micheal Leveridge of Kingston gave an outstanding presentation on bladder cancer which was both informative and very entertaining. We hope to continue the tradition this year in Banff and will invite Dr. Katherine Moore to be our presenter.

A busy time rewarded us with a few more sponsors for the UEC Meeting in London ON.

Hope to see lots of UNC nurses in Banff! ☐

Edmonton Chapter News

Urology Daze 2012: The Fragile Urology Patient, was hosted by the Edmonton Chapter on April 13, 2012. We had approximately 100 participants who were very happy with our education day. Topics included were:

UTI and Sepsis - covered from bladder infections to full blown sepsis and why and when you worry.

The Challenges of Surgery on Bariatric Patients - talked about the challenges with positioning, instrumentation, mobilization, co-morbidities and the fact that in spite of their size they are frequently malnourished.

The Frail Elderly Patient - emphasized how important it is that nurses continue to see the "whole" patient and that right medications and doses are paramount to good outcomes.

For the Love of Stress - a bit of comic relief to get us going after lunch.

Intra/peri-op MI - we actually heard how women with cardiac disease present very differently from men and it was eye opening and scary.

Case Presentation on Forniere's Gangrene - talked about initial presentation and how quickly it progressed, ICU stay and the many disfiguring surgeries he had to undergo.

We raised money for our research fund by raffling 4 wonderful prizes; sunglasses, watch, necklace and earrings, and a Toronto Maple Leaf Jersey signed by Dion Phaneuf.

Exhibitors were Cook, Coloplast, Hollister and Classic Health.

A good time was had by all. ☐

Liz Smits

Halifax Chapter News

On May 10, the Halifax Chapter of UNC will host their 6th Annual Dine and Learn Session. This year, there will be three speakers. Dr. Jill Hudson, urology resident will speak about Hormone Therapy in Prostate Cancer: Indications and Effects.

Dr. John Grantmyre, will give us a Primer on Male Infertility. Kayleigh Trace, will give us a talk titled Everybody's Doing It: Sex and Disability.

We have 71 nurses enrolled, and had to turn down people this year.

We are grateful, as always, to our reps for sponsoring this important nursing education.

ATTENTION!!!!

Your UNC Pipeline is looking for articles. If you are a Nurse working with Urology patients, you maybe able to write about your experiences, observations or perhaps a case study.

If you are a UNC member, you can submit your newly published article for the Editorial Award.

More info or send your papers to:

uncpipeline@gmail.com

WHAT DO ALL THESE ABBREVIATIONS MEAN????

UNC - Urology Nurses of Canada

CUA - Canadian Urologic Association

UEC - Urologic Excellence Conference

CPCN - Canadian Prostate Cancer Network

NCA - Nurse Continence Advisor

AQIUU - Association Quebecoise des Infirmieres et Infemiers En Urologie

SUNA - Society of Urology Nurses of America

AUA - American Urologic Association

Kingston Chapter News

We have been fortunate to maintain monthly meetings with average attendance of 11-14. We have also been fortunate to have sponsorship for our meetings much of the time.

In December members met for a Potluck social and a member presented her experiences participating in a Medical Mission earlier in the year. It was both interesting and informative. Although diabetes, and high blood pressure was a health concern to screen for in Guyana, concerns of bladder symptoms did not come up at any of the clinics. It truly did not seem to be a problem.

At January's meeting a members sister, taking Health Geography at Queens, presented on Rural Health Care, access, barriers, attitudes, and trends. Once again very informative, and engaged all of the members in discussion.

February brought Dr. Dean Tripp to us from Queens University to speak to us on Psychosocial Risk Factors - Reduction in Urogenital Chronic Pelvic Pain. For March we went down the street to the Queens University Sim Lab (photo) to experience life-like medical situations.

March found us still deep in the planning of our 2nd Annual Urology Nurses Memorial Conference. The Conference was held on Queens Campus, We had attendance of 60 this year, some comfortable growth over last year. Dr. Steve Steele presented 'Urinary Incontinence, Trials, Tribulations and Treatments'. Dr. Rob Siemens spoke on 'Prostate Cancer Survivorship - What men Really Want'. Once again it was an evening conference 5-9pm which worked well for all.

We are grateful to have the wonderful leadership of Sylvia Robb. As you can see, our guests are from various professional levels, and our topics where possible relate to Urology.

Our membership has increased only slightly, but the Conference resulted in great feedback, and a couple of new members as well. ☐



Introducing `The Locker Room

Have you ever encountered a male patient who admitted that their overactive bladder kept them from doing the things they love such as playing golf, skiing or going to the movies?

Is it surprising that, in general, Canadian men have a hard time talking about issues such as overactive bladder? In fact, according to a new poll conducted in partnership with Ipsos Reid, it seems bladder problems appear to be a more delicate topic for Canadian men than other touchy subjects like money, family problems, or difficulties at work. Nearly one half of those surveyed (45%) said it would be difficult to talk about an issue like ~~having bladder problems (going to the bathroom too many times, leakage, etc).~~

The good news is that we now have a resource to help kick start the conversation.

This winter marked the launch of **The Locker Room** (www.intheLockerRoom.ca), a national and fully bilingual

educational program developed to improve the quality of life of men with OAB by helping them to understand, manage and treat the condition.

The Locker Room was developed in collaboration with Canadian healthcare professionals and is a partner site to **The Powder Room** (www.powderroom.ca), an online community where Canadians can share stories about their experiences with overactive bladder (OAB), as well as learn coping techniques and treatment options. With 12 to 18 per cent of Canadians suffering from OAB, **The Locker Room** offers men resources (including printable information, tips and tricks for managing OAB, and questions to bring their doctor) to help facilitate the conversation with their physician. The goal is to help them take control of their health and avoid suffering in silence.

To learn more, visit The Locker Room at www.intheLockerRoom.ca, and find out how it can help your patients who may be struggling with overactive bladder. ☐

Coming Events

25th Annual Urologic Excellence Conference Flowing Wheat Fields, Come explore our Scope

September 20-22, 2012

Delta Hotel Regina

Regina, SK

www.unc.org

42nd Annual ICS/IUGA 2012

October 15– 19, 2012

China National Convention Center

Beijing, China

(Visa Required)

www.iscoffice.org

Society of Urologic Nurses and Associates:

SUNA Annual Conference

Nov 2-5, 2012

Marriott, Wardman Park

Washington, DC

www.suna.org

find SUNA on [facebook-www.facebook.com/UrologicNursing](https://www.facebook.com/UrologicNursing)

2012 Annual CANO/ACIO

October 11-14, 2012

Westin Hotel

Ottawa, ON

www.cano-acio.ca

67th Annual CUA

June 24-26 2012

Banff Springs Hotel,

Banff Spring, AB

www.cua.org

Nurses meeting at CUA

Monday June 25th

Katherine Moore will be the Speaker

If your chapter or organization has an upcoming event that you would like to advertise in the Pipeline, submit the information with contact email to uncpipeline@gmail.com

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2011 -12 Silver Corporate Sponsors



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