

## The Making of the UEC

Congratulations you have decided to host a Urological Excellence Conference!

The Urology Excellence Conference is the big event that Canadian Urology nurses look forward to each year. It is an opportunity to meet with colleagues and industry reps and to learn about new things in nursing and urology.

Once the decision is made to hold the Conference, hopefully two to three years prior to the event, a committee will be formed. The first thing to do is to choose the venue. A facility is needed that can accommodate 150 delegates and 30+ booths for the sponsors. Rooms will be needed for concurrent and keynote speakers. You will require:

A Ballroom or room large enough to hold 35-40 exhibitors

A room to hold 150-170 persons for keynote and plenary sessions.

2-3 breakout rooms able to hold at least 50 persons each.

All the meals are provided during the conference. The facility's ability to feed your delegates and exhibitors as well as the cost of breakfast, lunch and coffee breaks for Friday and Saturday is important. The menus are also an important consideration. Usually several hotels/conference centres should be evaluated.

The Hotel or conference centre will require a deposit. A bank account will need to be opened and a Treasurer named. The UNC national will loan the Chapter start up funds of \$2000 if needed.

You will spend approximately \$65,000-75,000 to host the conference. Some cities may be more expensive than other to hold conferences. The Sponsorship co-ordinator is a very important and time-consuming position as this person will be responsible for initial contact with exhibitors as well as ongoing contact with them.

The funds from exhibiting companies' forms a great part of the money

(Continued on page 2)

The Pipeline is a publication of Urology Nurses of Canada.

The Pipeline is published each winter and summer for UNC members and sponsors and is also located at [www.unc.org](http://www.unc.org).

The Pipeline is looking for articles for publication about new initiatives in urology, latest technology, clinical research and evaluation, local chapter activities, patient and community resources.

**Deadline for next issue:**

**Nov. 1, 2008**

**Contact the**

**Pipeline Editor:**

Brenda Bonde:

Tele: 250-812-1542

Email: [uncpipeline@yahoo.ca](mailto:uncpipeline@yahoo.ca)

needed to pay for the event. The exhibitors provide about 70% of revenue. The revenue generated will vary with each meeting.

A sample of the contracts and letters to send to exhibitors and speakers are all on a CD that travels to your Chapter for use.

Speakers generally include local physicians, nurses who have submitted abstracts and inspirational speakers. Abstract forms are mailed or are available on the UNC website after the Conference the year before with a deadline, usually early March. The Executive sends a committee out in March, which includes the President, National Sponsorship Coordinator, VP from your area, and someone from the next year's event.

Each concurrent speaker receives airfare, one night hotel accommodation, conference registration and a \$150 honorarium paid for by the UEC. Short paper and poster presenters receive \$100.00 off their registration.

Honorariums for Keynote speakers are negotiated at the initial approach.

Other costs include printing and paper for brochures and syllabus, advertising and Audio Visual support.

Posters advertising your conference usually show local photos and information on where and when the conference will be held. The posters should be available at the UEC prior to yours for members to take home. Reliable office equipment (printer etc) is important.

Brochures, with registration forms, are mailed in late May or early June of the year of your conference and are available at the CUA meeting held the end of June. Registration forms and the brochure will be available on the UNC website after June 1st.

The CUA is a great time to touch base with the Sponsors to remind them of the UEC meeting and promote the meeting as well as ensure their participation. Members of your planning committee who are available should be encouraged to attend the CUA.

The UNC website will advertise the Conference and set up online registration.

The Syllabus is printed when the final format is ready. Speakers information, hotel information and UNC information is included. Hopefully the speakers will

provide their biographies and copies of their presentation/ Power Point slides. Reliable Audio-visual support is needed for the presentations, to ensure the sessions run smoothly.

The Friday fun night requires a dinner and entertainment for a group that is mainly the attendees and sometimes their spouses, as well as some exhibitors. The day is long so the night cannot be too late.

As well as the Committee, volunteers are brought in to help with registration, logistics and to be "gofers".

As the big day approaches, meetings will be frequent and busy as deadlines for registration, syllabus printing, and preparations come closer. Nurses often will register at the last minute, waiting for funding or time off work. The Registration committee will have to be ready to print receipts, certificates of attendance hours and turn registration funds over to the Treasurer.

A conference bag is often sponsored by one of the exhibitors, the conference bag usually contains some goodies for the delegates as well as registration information, receipts, and syllabus.

We hope to have a Conference that everyone will enjoy and gain knowledge for the continuing state of the art care of their patients. ■

*By Brenda Bonde, Sandra Rowan & Fran Stewart*

~ Clothing ~  
UNC

**UNC is selling off all clothing in stock at cost. This will be your last chance to get your logo'd UNC scrubs, lab coats, vests, etc.**

**Contact Jill Jeffery**  
[jjeffery@telus.net](mailto:jjeffery@telus.net) for a brochure

## UNC Survey Report

In December 2007 a survey was sent to all UNC members. We presently have 122 members and of these 32 sent in a return. Although definitive conclusions cannot be drawn from the small numbers, results were interesting and many good suggestions were put forward.

The first set of questions centered around UNC elections of officers. Many said they would like a more formal process with names and bios of nominations in advance via mail and e-mail. It would give all members an opportunity to participate. Not everyone is able to attend the Urological Excellence Conference. There were some who favored a secret ballot while others preferred to leave the voting to a show of hands. Some even wanted a mail in vote.

As we cannot change the method until the UNC Constitution has been amended further proposals for change and voting will take place at the Annual General Meeting at Toronto in October, 2008.

Membership of the Canadian Nurses Association (CNA) was the next question. A large proportion of our members are from Ontario where nurses are not required to belong to the CNA. Nurses from Quebec are not members as well. The UNC Executive is looking at formally affiliating with CNA but 80% of our membership are required to be CNA members. This question would be better addressed on our membership form.

The research nursing questions showed we have several Urology research nurses who are keen to collaborate, present papers and stats info.

Just about everyone was aware of our UNC website. Suggestions included teaching tools on most common procedures, case studies, info on specialties at large centers, pictures from conferences and links.

Thanks to all those who answered the questions, made comments and suggestions and sought to be a part of their organization. ☐

### ATTENTION!!!

Your UNC Pipeline is looking for articles!  
If you are a Nurse working with Urology patients, you maybe able to write about your experiences, research, observations or perhaps a case study. If you are a UNC member, you can submit your newly published article for the Editorial Award. We are all interested in what we can learn from our colleagues.

More info or to send your papers

[uncpipeline@yahoo.ca](mailto:uncpipeline@yahoo.ca)

## Did you say NO to \$1000.00??

Each year the Urology Nurses of Canada have available \$3000.00 in AWARD money to present to UNC members who meet the criteria.

You must be a member in good standing to apply for the Award. The Awards are presented at the Urological Excellence Conference. [See page 4 for all the information on awards.](#)

### WHAT DO ALL THESE ABBREVIATIONS MEAN????

**UNC** - Urology Nurses of Canada

**CUA** - Canadian Urologic Association

**UEC** - Urologic Excellence Conference

**CPCN** - Canadian Prostate Cancer Network

**NCA** - Nurse Continence Advisor

**AQIIU** - Association Quebecoise des Infirmieres et Infemiers En Urologie

**SUNA** - Society of Urology Nurses of America

**AUA** - American Urologic Association

---

## AWARDS, AWARDS, AWARDS

---

### UNC AWARD OF MERIT

It is time to recognize that “special” UNC nurse in your group. The one who has done that “extra something” for your chapter, your workplace, or your community.

Each year UNC proudly and publicly recognizes an individual who has made significant contribution through education, research or clinical practice or has achieved distinction through excellence in UNC promotion, UNC mentoring or other enhancement of the UNC Mission.

Over the years many of our finest nurses have been honored with this award. We have some exceptional people within our ranks and they need to be recognized.

The Award of Merit will be presented at the Urological Excellence Conference in Victoria, British Columbia.

Urology Nurses of Canada needs your application for the annual awards that we are able to offer through the continued support of our corporate sponsors.

Awards available are:

#### Editorial Award

This award will be given to a UNC member who has written an article, paper or editorial that has been published in the past year and has not been previously published.

#### Research Award

This award is available to a UNC member proposing research related to urological nursing practice in one of the following sub-specialties: urodynamics, biofeedback, endourology, sexual health, uro-oncology or incontinence.

#### Scholarship Award

This award is available to a UNC member who

wishes to further his/her education as related to the practice of nursing.

This year \$1000 will be granted for each of the Editorial, Research and Scholarship awards. These awards are made available through unrestricted educational grants given via our Corporate sponsorship Program.

**The deadline for applications is August 31, 2008.**

---

## Urology Nurses of Canada

---

The Urology Nurses of Canada extends an invitation to all nurses and allied health interested in urologic nursing to join the association.

The Urology Nurses of Canada is a National Association whose mandate is to enhance the specialty of urologic nursing in Canada by promoting education, research and clinical practice.

The activities of the Urology Nurses of Canada are designed to enrich members’ professional growth and development.

The UNC hosts an annual conference each fall and convenes for an educational meeting at the Canadian Urological Association annual meeting each June.

Membership in the UNC now entitles you to receive 4 issues of Urological Nursing Journal, 2 issues of Pipeline, Annual Urological Excellence Conference information and discount on registration, UNC Membership Directory, UNC Constitution, UNC:

Standards of Urologic Nursing Practice and your personal access to UNC reports on the web.

**For more information about UNC, contact: Gina Porter, Membership Coordinator at [memship@nbnet.nb.ca](mailto:memship@nbnet.nb.ca) or visit [www.unc.org](http://www.unc.org).**

# UNC Info

## UNC Representative 2007-2008

**UNC Executive** THE Urology Nurses of Canada is managed by an executive board composed of:

### UNC Executive

<b>President:</b>	<b>Susan Freed</b>
Past President:	Sue Hammond
Vice-President West:	Laurel Mc Donough
Vice-President East:	Emmi Champion
Vice-President Central:	Fran Stewart
Membership:	Gina Porter
Sponsorship:	Sandra Rowan
Treasurer:	Lisa Lynch
Secretary:	Brenda Bonde

### UNC Provincial Representatives

LAUREL MCDONOUGH (VP West)	Alberta:	Bev Christensen
	Saskatchewan:	Judy Pare
	Manitoba	Betty Kirk
	British Columbia	Jill Jeffery
FRAN STEWART (VP Central)	Ontario:	Nancy Bauer
	Ontario:	LuAnn Pickard
	Quebec:	Raquel De Leon
	Quebec:	Carol-Anne Lee
EMMI CHAMPION (VP East)	New Brunswick:	Nancy Carson
	Nova Scotia:	Liette Connor
	Newfoundland and Labrador	Sue Walsh
	Prince Edward Island	Cathy Croken

Description of each position are available in the UNC Constitution. Information on UNC news, programs and reports can be located at [www.unc.org](http://www.unc.org)

### Local Chapter news info: [www.unc.org](http://www.unc.org)

**Victoria Info:** Sandra Rowan Tel: (250) 381-3747

**Edmonton Info:** Liz Smitz Tel: (780) 407-6154

**Calgary Info:** Colleen Toothill (403) 943-3748

**Regina Info:** Judy Pare [judy@rcun.ca](mailto:judy@rcun.ca)

**Kingston Info:** Sylvia Robb Tel: (613) 549-6666 ex. 4778

**Ottawa Info:** Susan Freed Tel: (613) 721-4700 ex. 3900

**Montreal Info:** Carol-Ann Lee Tel: (514) 934-1934 ex. 35213

**Halifax Info:** Emmi Champion Tel: (902) 473-2570

**New Brunswick Info:** Gina Porter Tel: (506) 632-5720

**New Foundland Info:** Sue Hammond Tel: (709) 368-0101

### How to form a local UNC Group

1. Contact nurses and allied health in your area interested in Urologic Nursing.
2. Pick a topic and a speaker (for initial meeting).
3. Book meeting room
4. Contact local sales rep for potential support of meeting.
5. Advertise meeting and distribute information about the UNC.
6. Create local executive e.g. chairperson, secretary, treasurer.
7. Organize educational meetings/events.
8. Contact UNC provincial representative regarding local business meetings.
9. Encourage submissions of articles and upcoming events to "Pipeline".

### Help Wanted!

The UNC invites you to participate with some of the UNC initiatives including:  
Authors of "Pipeline" Articles

---

## Victoria Chapter News

---

The Victoria Chapter held an evening seminar on April 17<sup>th</sup>, "Urology's Tubes, Drains, Stents and Sphincters. All You Need to Know". An excellent dinner was followed by Dr Rick Smith, interventional radiologist who spoke to us on stents and stones and much more. He brought some great slides of CT's and stones. He walked us through some of the Urological procedure done in the Medical Imaging department. He explained what nurses should expect and what to watch for. Dr Iain McAuley covered the urological surgeries that we see, what was done and how, what to expect and when to call the urologist. He also shared some great slides with us. About 75 nurses, from Hospital, Community and Long term care attended. Lot's of questions answered. A valuable evening for new and experienced Nurses.

The event was partially sponsored by Cook, and Brad attended with examples of many of the tubes, catheters and stents the Doctors talked about. It was a great event for the BC nurses. ☐

---

## Edmonton Chapter News

---

The Edmonton chapter hosted a successful one day workshop on April 11, 2008. Topics included Types of Incontinence and prolapse, Overactive Bladder and Botox, Management of Constipation, Assessment and Conservative Management (of Incontinence) and Skin Care. There were approximately 90 participants and the day was enjoyed by all. We made some plugs for the UEC in Toronto and of course for the UEC in Edmonton in 2009. ☐

---

## A New Chapter Formed in Regina

---

We are having our 1<sup>st</sup> annual Urology conference in Regina on May 30<sup>th</sup> with 90 registered.

We had a 4 hour evening session in November of last year and it was a great success with people coming in casually to see our vendors, see some of the set ups we had pertaining to urology and having pizza and a drink on the way out.

Our Urology Chapter has just been formed so here's hoping it continues for years to come. ☐

Judy Pare (Provincial Rep)

---

## Halifax Chapter News

---

On April 28<sup>th</sup>, the Halifax chapter of the UNC hosted an education session for nurses from around the province. It was held at Jon Allan's Luxx.

Our first presentation was made by Dr. Ricardo Rendon. He spoke about Prostate Cancer and Hormonal Treatments and the effect on sexuality. Dr. Waleed Al Khudair spoke about Erectile Dysfunction, assessment and treatment options. Our final presenter of the evening was Getty Vasista, R.N. She spoke about the role of the nurse in sexual health. All the presentations were informative, well-presented and received.

We had a random draw for four UNC memberships for 2009. The lucky winners were: Joanne Cumming, Pictou County Health; Sara Thomas, Dartmouth General; Cathy Swim, Northwood Care; and Sheila Moffatt, Rehab Care, Halifax.

We enjoyed a delicious meal, and would like to thank our sponsors: Sanofi-Aventis, Astra Zeneca, Bayer Inc, and Pfizer Canada for supporting nursing education. ☐





# SEX IN YOUR CITY 3:

FEBRUARY 20<sup>TH</sup>, 2009, 0730-1600 - PAETZOLD AUDITORIUM,  
JIM PATTISON PAVILION, VANCOUVER GENERAL HOSPITAL



Have you ever found yourself unsure of what to say when a client asks about sexual health? Is sexuality something you would like to talk about with your clients but you just don't know where to start? The Sex In Your City conference is just for you.

Sex In Your City is an educational one-day conference put on by the Sexual Health Rehabilitation Service located within GF Strong Rehab Centre in Vancouver, BC. It came to be as a result of an expressed need from health care professionals to better manage the sexual health concerns of their clients. This conference has run on two previous occasions with great success. Here are some quotes from past participants:

*"I was in awe of this conference, one of the best I have ever attended. Thanks"* Physiotherapist, Vancouver

*"Increased my comfort level to interact with clients that have concerns related to sexual dysfunction"*  
RN, Vancouver

*"It is important to open the space to talk about sexual health in all areas of health care because if I don't, who will?"*  
NCA, Richmond

## WHY SHOULD YOU ATTEND?

- ∞ To improve your general knowledge of sexual health and sexual issues for persons with disability/chronic illness.
- ∞ To increase your assessment skills in identifying sexual health concerns of your client population
- ∞ To have the opportunity to explore how you can incorporate the area of sexual health into your practice
- ∞ To have a venue to network and learn about resources to support your client's sexual health
- ∞ To hear from persons with chronic illness/disability and other health care professionals about what's worked for them in addressing sexual health concerns
- ∞ To hear the Sexual Health Rehab Team of Nurse Clinicians and Sexual Medicine Consultant, Dr. Stacy Elliott speak about Sexuality and Disability/Chronic Illness

---

**Registration Fee: \$55.00 – Payable by Cheque Only – Payable to the Sexual Health Rehab Service**

**Deadline for Registration, Friday, February 6, 2009    Name:**

Send Registration Form and Cheque to:

Carole Schmitz,  
VGH – Rehab Services  
JPP – 1<sup>st</sup> Floor

855 W12th Ave, Vancouver BC V5Z 1M9

\_\_\_\_\_  
**Professional Designation:**

\_\_\_\_\_  
**Telephone Contact #:**

\_\_\_\_\_  
**Employer:**

\_\_\_\_\_  
**E-mail Address:**

\_\_\_\_\_

# Coming Events

## Canadian Urological Association

### 63rd Annual Meeting

June 22 – June 25, 2008

Shaw Conference Centre, Edmonton, AB

website: [www.cua.org](http://www.cua.org)

## Urology Nurses of Canada at the CUA meeting

Monday, June 23, 2008

16.00 – 18.00 hrs

Shaw Conference Centre

Dr. Keith Rourke will be speaking on Reconstructive Surgery

website: [www.unc.org](http://www.unc.org)

## 21th Urological Excellence Conference

“Go with the Flow to TO”

October 2-4, 2008

Holiday Inn on King

Toronto, ON.

website: [www.unc.org](http://www.unc.org)

## Canadian Prostate Cancer Network

August 3-5

Fairmont Palliser Hotel

Calgary, AB

website: [www.cpcn.org](http://www.cpcn.org)

## 38th Annual ICS 2008

Cairo Egypt

October 22 – October 24, 2008

Shaw Conference Centre, Edmonton, AB

website: [www.kenes.com/continence-meeting](http://www.kenes.com/continence-meeting)

## Society Of Urologic Nurses and Associates

2008 Annual Conference

October 3-6, 2008

Philadelphia Marriott, Downtown

Philadelphia, PA

website: [www.suna.org](http://www.suna.org)

## SUI

November 19-22, 2008

Santiago, Chili

website: [www.suicongress.org](http://www.suicongress.org)

## Female Pelvic Medicine & Reconstructive Pelvic Surgery

July 10-12

Presented by the University of Toronto

Department of Obstetrics & Gynaecology

The Sutton Place Hotel

955 Bay Street

Toronto, ON

website: [www.mtsinai.on.ca/seminars/ce](http://www.mtsinai.on.ca/seminars/ce)

## Urology Nurses of Canada Corporate Sponsor for 2008

Each year Urology Nurses of Canada [UNC] acknowledges and thanks our national Corporate sponsor for their continued support.

This years sponsor:

UNC SPONSOR

AstraZeneca 

Titanium Level

AstraZenca